

Newmarket Road Surgery

How to Access NHS Services

Pharmacy	Pharmacies can offer advice about the safe use of Prescription and over-the-counter medicines and the treatment of common health problems, eg coughs and colds. They will also advise if you need to see a Doctor.	For Pharmacy opening hours visit www.nhs.uk or Call 111
111	NHS 111 is a service that makes it easier for you to access local health services. You can call 111 for advice or when you need medical help fast but it is not a 999 emergency. You will be assessed, given advice and, if necessary, directed to the service that can help you best. When the surgery is closed their medical team provide Out of Hours Care.	Call 111 to receive medical advice for a non life threatening situation.
GP	At Newmarket Road Surgery we offer same day appointments or telephone advice if you need medical help. We are able to treat minor injuries in the surgery. If you feel unwell outside normal opening hours and can't wait until the next day, the out of hours service will give you urgent medical advice and see you if necessary.	Appointments: Tel 01603 624486 Enquiries/Advice: Tel: 01603 621006 To access the Out of Hours Service call 111
Norwich Practices Health and Walk in Centre	The Walk in Centre treats minor illnesses and injuries. They are open 7 days a week, 365 days a year and you don't need an appointment. This facility is provided by Norwich Practices Ltd which is a company consisting of local practices including Newmarket Road Surgery.	Rouen House, Rouen Road, Norwich, NR1 1RB Tel: 01603 677500 Opening Hours – 07.00 – 21.00
A&E 999	Accident and Emergency should only be used for serious injury or illness requiring immediate treatment, eg Chest pain/severe shortness of breath.	Call 999 if you have a critical or life threatening condition.